

Dog and Puppy Potty Training

You should start housetraining your puppy as soon as your puppy comes home.

Your goal of house training is to ensure your puppy always eliminates outdoor, in his specific potty area, rather than indoor (unless you are living in a high rise apartment and finds it difficult to let your puppy potty outdoor - then consider indoor dog potty).

As with all aspects of dog and puppy training, potty training requires a great deal of patience and consistency. Some puppies, especially the smaller breeds, may be more difficult to toilet train as compared to the larger breed. However, you will be delighted to know that most dogs are capable of being fully potty trained.

When you bring your puppy home from the breeder, it should have been exposed to and accustomed to a clean den environment. This is because as your puppy grows bigger and more energetic, the breeder would have taken him outside for a short period of time. Your pup would have learned to eliminate and defecate in the outdoor environment, and get accustomed to a clean indoor den. This would make your pup ready to follow your household cleanliness rule.

This article focuses on potty training puppies as opposed to potty training adult or senior dogs. The process of potty training an adult dog is slightly different. You may find potty training a puppy is somewhat easier than toilet training an adult dog because the puppy will not have a chance to develop lifelong bad habits yet.

In addition to this article, you may want to consider a comprehensive dog and puppy training course, or an easy multi-media basic dog training package.

Establishing a Potty Area for your puppy

You should immediately establish a specific potty area for your puppy in your yard once you bring him home.

The specific potty area should be separated from the rest of your yard by a small fence, or potted plants. This will keep the children out of the potty area and also hides the area away from the rest of the yard.

A few dog trainers will consider specific potty area training as counterproductive for your puppy. It is felt that accustoming a puppy to a specific potty area or surface will make him unable to perform or eliminate if he is brought to an unfamiliar place like a motorway cafe or gravel courtyard. However, puppies are generally adaptable and it is

best to establish a specific outdoor potty area in the potty training process.

Teaching your puppy potty cues

Once you have established an outside potty area, you will now need to teach your puppy commands or potty cues. Start by teaching him the command "outside" if you see him eliminate in an inappropriate area inside the house.

Remember to use firm tone when you say the command "outside" as it will startle him and cause him to stop eliminating. You have to quickly walk your puppy to the outside potty area for him to finish eliminating there. Praise him once he has finished eliminating in the appropriate potty area.

Now, you can also teach your puppy to eliminate on command. It does not really matter what word or phrase you choose, just pick something that you can say in public without embarrassment. Whatever cue you use, make sure you use it consistently when you take your puppy to the potty area. If you use "do your business" or "go potty", ensure that you and your family members use the same cue every time you want your puppy to eliminate.

Importantly, praise your puppy quietly after he eliminates after your command. Reward him with a calm praise that includes cue words like "good go potty". Eventually, your puppy will be able to eliminate whenever you say your potty cue word.

Crate Training

Introduction

Providing your puppy or dog with an indoor kennel crate can satisfy many dogs' need for a den-like enclosure. Besides being an effective housebreaking tool (because it takes advantage of the dog's natural reluctance to soil its sleeping place), it can also help to reduce separation anxiety, to prevent destructive behavior (such as chewing furniture), to keep a puppy away from potentially dangerous household items (i.e., poisons, electrical wires, etc.), and to serve as a mobile indoor dog house which can be moved from room to room whenever necessary.

A kennel crate also serves as a travel cabin for your dog when travelling by car or plane. Additionally, most hotels which accept dogs on their premises require them to be crated while in the room to prevent damage to hotel furniture and rugs.

Most dogs which have been introduced to the kennel crate while still young grow up to prefer their crate to rest in or "hang-out" in. Therefore a crate (or any other area of confinement) should NEVER be used for the purpose of punishment.

We recommend that you provide a kennel crate throughout your dog's lifetime. Some

crates allow for the removal of the door once it is no longer necessary for the purpose of training. The crate can be placed under a table, or a table top can be put on top of it to make it both unobtrusive and useful.

Preparing the Crate

Vari-Kennel type: Take the crate apart, removing the screws, the top and the door.

Allow your pup to go in and out of the bottom half of the crate before attaching the top half. This stage can require anywhere from several hours to a few days. This step can be omitted in the case of a young puppy who accepts crating right away.

Wire Mesh type: Tie the crate door back so that it stays open without moving or shutting closed. If the crate comes with a floor pan, place a piece of cardboard or a towel between the floor (or crate bottom) and the floor pan in order to keep it from rattling.

Furnishing Your Puppy's Crate

Toys and Treats: Place your puppy's favorite toys and dog treats at the far end opposite the door opening. These toys may include the "Tuffy", "Billy", "Kong", "Nylabone" or a ball. Toys and baits should always be inedible and large enough to prevent their being swallowed. Any fragmented toys should be removed to prevent choking and internal obstruction. You may also place a sterilized marrow bone filled with cheese or dog treats in the crate.

Water: A small hamster-type water dispenser with ice water should be attached to the crate if your puppy is to be confined for more than two hours in the crate.

Bedding: Place a towel or blanket inside the crate to create a soft, comfortable bed for the puppy. If the puppy chews the towel, remove it to prevent the pup from swallowing or choking on the pieces. Although most puppies prefer lying on soft bedding, some may prefer to rest on a hard, flat surface, and may push the towel to one end of the crate to avoid it. If the puppy urinates on the towel, remove bedding until the pup no longer eliminates in the crate.

Location of Crate

Whenever possible, place the crate near or next to you when you are home. This will encourage the pup to go inside it without his feeling lonely or isolated when you go out. A central room in the apartment (i.e.: living room or kitchen) or a large hallway near the entrance is a good place to crate your puppy.

Introducing the Crate to Your Puppy

In order that your puppy associate his/her kennel crate with comfort, security and enjoyment, please follow these guidelines:

Occasionally throughout the day, drop small pieces of kibble or dog biscuits in the crate. While investigating his new crate, the pup will discover edible treasures, thereby reinforcing his positive associations with the crate. You may also feed him in the crate to create the same effect. If the dog hesitates, it often works to feed him in front of the crate, then right inside the doorway and then, finally, in the back of the crate.

In the beginning, praise and pet your pup when he enters. Do not try to push, pull or force the puppy into the crate. At this early stage of introduction only inductive methods are suggested. Overnight exception: You may need to place your pup in his crate and shut the door upon retiring. (In most cases, the crate should be placed next to your bed overnight. If this is not possible, the crate can be placed in the

kitchen, bathroom or living room.)

You may also play this enjoyable and educational game with your pup or dog: without alerting your puppy, drop a small dog biscuit into the crate. Then call your puppy and say to him, "Where's the biscuit? It's in your room." Using only a friendly, encouraging voice, direct your pup toward his crate. When the puppy discovers the treat, give enthusiastic praise. The biscuit will automatically serve as a primary reward. Your pup should be free to leave its crate at all times during this game. Later on, your puppy's toy or ball can be substituted for the treat.

It is advisable first to crate your pup for short periods of time **while you are home with him**. In fact, crate training is best accomplished while you are in the room with your dog. Getting him used to your absence from the room in which he is crated is a good first step. This prevents an association being made with the crate and your leaving him/her alone.

A Note About Crating Puppies

Puppies under 4 months of age have little bladder or sphincter control. Puppies under 3 months have even less. Very young puppies under 9 weeks should not be crated, as they need to eliminate very frequently (usually 8-12 times or more daily).

Important Reminders

Collars: Always remove your puppy or dog's collar before confining in the crate.

Even flat buckle collars can occasionally get stuck on the bars or wire mesh of a crate. If you must leave a collar on the pup when you crate him (e.g.: for his identification tag), use a safety "break away" collar.

Warm Weather: Do not crate a puppy or dog when temperatures reach an uncomfortable level. This is especially true for the short-muzzled (Pugs, Pekingese, Bulldogs, etc.) and the Arctic or thick-coated breeds (Malamutes, Huskies, Akitas, Newfoundlands, etc.). Cold water should always be available to puppies, especially during warm weather. [Never leave an unsupervised dog on a terrace, roof or inside a car during warm weather. Also, keep outdoor exercise periods brief until the hot weather subsides.]

Be certain that your puppy has fully eliminated shortly before being crated. Be sure that the crate you are using is not too large to discourage your pup from eliminating in it. Rarely does a pup or dog eliminate in the crate if it is properly sized and the dog is an appropriate age to be crated a given amount of time. If your pup/dog continues to eliminate in the crate, the following may be the causes:

The pup is too young to have much control.

The pup has a poor or rich diet, or very large meals.

The pup did not eliminate prior to being confined.

The pup has worms.

The pup has gaseous or loose stools.

The pup drank large amounts of water prior to being crated.

The pup has been forced to eliminate in small confined areas prior to crate training.

The pup/dog is suffering from a health condition or illness (i.e., bladder infection, prostate problem, etc.)

The puppy or dog is experiencing severe separation anxiety when left alone.

Note: Puppies purchased in pet stores, or puppies which were kept solely in small cages or other similar enclosures at a young age (between approximately 7 and 16 weeks of age), may be considerably harder to housebreak using the crate training method due to their having been forced to eliminate in their sleeping area during this formative stage of development. This is the time when most puppies are learning to eliminate outside their sleeping area. Confining them with their waste products retards the housebreaking process, and this problem can continue throughout a dog's adult life.

Accidents In The Crate

If your puppy messes in his crate while you are out, do not punish him upon your return. Simply wash out the crate using a pet odor neutralizer (such as Nature's Miracle, Nilodor, or Outright). **Do not** use ammonia-based products, as their odor resembles urine and may draw your dog back to urinate in the same spot again.

Crating Duration Guidelines

9-10 Weeks	Approx. 30-60 minutes
11-14 Weeks	Approx. 1-3 hours
15-16 Weeks	Approx. 3-4 hours
17 + Weeks	Approx. 4+ (6 hours maximum)

*NOTE: Except for overnight, neither puppies nor dogs should be crated for more than 5 hours at a time. (6 hours maximum!)

The Crate As Punishment

NEVER use the crate as a form of punishment or reprimand for your puppy or dog. This simply causes the dog to fear and resent the crate. If correctly introduced to his crate, your puppy should be happy to go into his crate at any time. You may however use the crate as a brief time-out for your puppy as a way of discouraging nipping or excessive rowdiness.

[NOTE: Sufficient daily exercise is important for healthy puppies and dogs. Regular daily walks should be offered as soon as a puppy is fully immunized. Backyard exercise is not enough!]

Children And The Crate

Do not allow children to play in your dog's crate or to handle your dog while he/she is in the crate. The crate is your dog's private sanctuary. His/her rights to privacy should always be respected.

Barking In The Crate

In most cases a pup who cries incessantly in his crate has either been crated too soon (without taking the proper steps as outlined above) or is suffering from separation anxiety and is anxious about being left alone. Some pups may simply under exercised. Others may not have enough attention paid them. Some breeds of dog may be particularly vocal (e.g., Miniature Pinchers, Mini Schnauzers, and other frisky terrier types). These dogs may need the "Alternate Method of Confining Your Dog", along with increasing the amount of exercise and play your dog receives daily.

When Not To Use A Crate

Do not crate your puppy or dog if:

- s/he is too young to have sufficient bladder or sphincter control.
- s/he has diarrhea. Diarrhea can be caused by: worms, illness, intestinal upsets such as colitis, too much and/or the wrong kinds of food, quick changes in the dogs diet, or stress, fear or anxiety.
- s/he is vomiting.
- you must leave him/her crated for more than the Crating Duration Guidelines suggest.
- s/he has not eliminated shortly before being placed inside the crate. (See Houstraining Guidelines for exceptions.)
- the temperature is excessively high.
- s/he has not had sufficient exercise, companionship and socialization.

Buying a Crate

Where to buy a crate: Crates can be purchased through most pet supply outlets, through pet mail order catalogs and through most professional breeders. Some examples are:

Crate Size and

Small: (Vari-Kennel #100 or General Cage #201)

Medium Small: (Vari-Kennel #200 or General Cage #202/212)

Dog Size:

Toy Poodles, the Maltese, etc., with average weight of 6-10 lbs.

Mini Schnauzers, Jack Russells, etc., with average weight of 11-20 lbs.

Medium: (Vari-Kennel #300 or General Cage #203/213)

Cocker Spaniels, Field Spaniels, small Shelties, etc., with average weight of 21-40 lbs.

Large: (Vari-Kennel #400 or General Cage #204/214)

Huskies, large Samoyeds, small Golden Retrievers, etc., with average weight of 41-65 lbs.

Very Large: (Vari-Kennel #500 or General Cage #205/215)

German Shepherds, Alaskan Malamutes, Rottweilers, etc., with average weight of 67-100 lbs.

Extra Large: (General Cage #206 or Mid-West #89-Z, 89-E or 99)

Newfoundlands, Great Danes, etc, with average weight of 110 lbs. plus.

The Cost of A Crate

Crates can cost between \$35 and \$150 depending on the size and the type of crate and the source.

The Cost of Not Buying a Crate

The cost of not using a crate:

- your shoes
- books
- table legs;
- chairs and sofas;
- throw rugs and carpet, and
- electric, telephone and computer wires.

The real cost, however, is **your dog's safety and your peace of mind.**

Alternative Method Of Confining Your Puppy

There are alternative methods to crating very young puppies and puppies who must be left alone in the house for lengths of time exceeding the recommended maximum duration of confinement (see Crating Duration Guidelines). We suggest the following:

Use a small to medium-sized room space such as a kitchen, large bathroom or hallway with non-porous floor. Set up the crate on one end, the food and water a few feet away,

and some newspaper (approx. 2'x3' to 3'x3') using a 3 to 4 layer thickness, several feet away. Confine your puppy to this room or area using a 3 ft. high, safety-approved child's gate rather than shutting off the opening by a solid door. Your pup will feel less isolated if it can see out beyond its immediate place of confinement. Puppy proof the area by removing any dangerous objects or substances.

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